

Sensory Audit of your Environment

Work in groups of four or five people.

Think about the environment in which the looked after children you are responsible for either live or go to school and undertake the following task.

1. What messages does the physical environment express? Are these appropriate for the children living or going to school there? Concentrate on the sensory environment. What areas are soothing, what areas are stimulating? Are there aspects that are particularly positive? Are there areas that could be improved? Remember the external environment as well as the internal.
2. Each group concentrate on a different young person. Use the safety tools provided k and consider your child's physical and sensory environment. What aspects of the environment are soothing or appropriately stimulating for this particular child? Are there aspects of the environment that may trigger difficult responses in the child or prevent the child being able to become calm and relaxed. Ensure that you cover all aspects of the environment.